

ELIZABETH R. VAUGHAN, M.D.

1301A West Wendover Avenue
Greensboro, NC 27408

Email: info@vaughanintegrative.com

Website: www.vaughanintegrative.com

Education

University of Virginia School of Medicine, Charlottesville, Virginia. M.D. 1975-1979

Duke University College of Arts and Sciences, Durham, North Carolina. B.A. 1971-1975. *Magna cum laude* with Distinction in Chemistry

Graduate Training

Internal Medicine Residency: Southwestern Michigan Area Health Education Center, Kalamazoo, Michigan 1980-1982

Flexible Internship: Southwestern Michigan Area Health Education Center, Kalamazoo, Michigan 1979-1980

Certifications

Diplomat: American Board of Integrative and Holistic Medicine 2008

Diplomat: American Board of Clinical Metal Toxicology 2008

Diplomat: American Board of Emergency Medicine 1989; Recert 1999

Diplomat: American Board of Internal Medicine 1982

Diplomat: National Board of Medical Examiners 1979

Professional Activities

Primary Care and Management: Vaughan Integrative Medicine, formerly Vaughan Medical Center, Greensboro NC - Founder and CEO 2002-Present

Medical Director of Natural Triad Magazine 2007-Present

Primary Care and Management: Vaughan Medical Center, Martinsville VA - Founder and CEO 1991-2002

Emergency Medicine and Management: Memorial Hospital of Martinsville and Henry County Martinsville, Virginia, 1986-1990

Director, Department of Emergency Medicine 1989

Emergency Medicine: Lexington Memorial Hospital, Lexington, North Carolina 1984-1986

Emergency Medicine: Twin County Community Hospital, Galax, Virginia 1982-1984

Professional Societies

Member: International College of Integrative Medicine 2008-present

Member: North Carolina Integrative Medical Society 2006-present, Member of Board 2010-2012

Member: American Board of Clinical Metal Toxicology 2004-present

Member: Institute of Functional Medicine 2002-2007

Fellow: American Academy of Emergency Medicine 1997-2007

Fellow: American College of Emergency Physicians 1989-1997

Member: Greensboro Society of Medicine 2003-present

Member: North Carolina Medical Society 2003-present

Officer, Member: Patrick Henry Medical Society 1986-2002

Member: Virginia Medical Society 1982-2002

Secretary, Member: Medical Staff, Memorial Hospital of Martinsville and Henry County 1986-1991

Licenses

Commonwealth of Virginia 7/1/82-2005

State of North Carolina 3/17/84-present

Continuing Medical Education

International Lyme and Associated Disease Society Course 2010

North Carolina Integrative Medical Society Courses 2010

American Board of Integrative and Holistic Medicine Review Course 2008

International College of Integrative Medicine Courses 2008, 2009, 2010

Anti-Aging Conference, American Academy for the Advancement of Medicine 2006

Environmental Medicine, Southwest College Naturopathic Medicine 2005

Clinical Metal Toxicology, American Board of Clinical Metal Toxicology 2004

Applying Functional Medicine in Clinical Practice, Institute of Functional Medicine, 2002

Diagnosis and Treatment of Food Allergies: American Academy of Environmental Medicine 2002

Clinical Nutrition for the Practicing Physician: American Academy of Environmental Medicine 2002

Integrative Medicine: Duke University Medical Center and University of Arizona Health Science Center 1999

Osteopathic medicine: OPP/Anatomy CME Series, WV School of Osteopathic Medicine, various courses 1996-2000

Many other studies in traditional and alternative medical disciplines

Interests, Medical

Prevention of illness • Nutritional therapy • Alternative Medicine • Functional Medicine • Autoimmune disorders • Irritable Bowel Syndrome • Sexual health in men and women • Fitness • Weight control • Women's health • Anti-accelerated aging • Food sensitivities • Heavy metal toxicity • Detoxification • Metabolic Syndrome

Interests, Personal

Ballroom dancing • Healthy international cuisines and cooking • Hiking • Flower gardening • Jazz and classical music • Travel • Meditation

Awards, Recognitions, Appearances and Charitable Activities (partial listing)

Member, Women's Professional Forum, Greensboro, 2005-2008

Hundreds of speeches to civic clubs and other organizations, 1985-2010

United Arts Council, Greensboro, 2005-2007

Martinsville Men's Roundtable Community Service Award 2000

Martinsville Virginia's Outstanding Citizen Award 1999

Chair, Health Care Summit, Patrick Henry Community College 1996

Broadcast

Television: Presently a regular guest on WGHP Fox 8 TV Morning News High Point, NC • Anchor, Heartbeat, Martinsville Cable 6 TV 1991-1992

Radio: Anchor, Healthy Advice, WHEE Radio 1991-1993 • Numerous talk shows and on-air interviews nationally, 1991-present

Print: Feature articles, Natural Triad Magazine, Greensboro, NC • Edited Preparing for the Written Board Exam in Emergency Medicine with Carol S. Rivers, et. al. 1992

John Carl Pittman, M.D

4505 Fair Meadow Lane
Suite 111
Raleigh, NC 27607
(919) 571-4391

Date of Birth: January 15, 1959

Place of Birth: Tifton, Georgia

Present Occupation:

1994 - Present Medical Director: The Carolina Center for
Integrative Medicine, P.A., Raleigh,
North Carolina

Previous Occupations:

- 1989 - 1993 Emergency Department Medical Director
 - Community Hospital of Rocky Mount
 - Rocky Mount, North Carolina
- Emergency facility with an annual volume of 12,000 patients.
- 1988 - 1992 Emergency -Department Medical Co-Director
 - Doshier Memorial Hospital
 - Southport, North Carolina
- Emergency facility with an annual volume of 8000 patients.
- 1987 - 1988 Emergency Department Staff Physician
 - Johnston Memorial Hospital
 - Smithfield, North Carolina
- Emergency facility with an annual volume of 16,000 patients.

Education:

- 1986 -1987 House Officer I - Pediatrics
 - Bowman Gray School of Medicine
 - Winston-Salem, North Carolina
- 1982 - 1986 Medical Student, Charter Class
- Mercer University School of Medicine Macon, Georgia - Charter Class
- 1981 - 1982 American University of the Caribbean
 - Montserrat, British West Indies
 - Attended for six months prior to acceptance at US
 - Medical school
- 1980 - 1981 Postgraduate Year
 - University of Georgia
 - Athens, Georgia
 - Majors: Biochemistry and Microbiology
- 1976 - 1980 Undergraduate - B.S. Biology
 - Valdosta State College
 - Valdosta, Georgia

o Double Major: Biology, Music

Professional Speaking:

2009

- International Association of Colon Hydrotherapy – Atlantic Region Conference
- Keynote Speaker: “The History and Scientific Evidence for Colon Hydrotherapy”
- Gifts NC – Spring Conference on Children with Special Needs

2007

- Keynote Speaker: “An Integrative Approach to Treatment of Children with Special Needs”
- UNC School of Medicine – Program on Integrative Medicine”
- “An Overview of Integrative Medicine”

2006

- UNC School of Medicine – Program on Integrative Medicine”
- “Chelation Therapy and Integrative Medicine”

2005:

- UNC School of Medicine – Program on Integrative Medicine Monthly Seminar
- “Oxidative Medicine – History and Use as a Complementary Therapy” UNC School of Medicine – Guest Lecturer for the course “Principals and Practice of Integrative Medicine”, an elective for students from the schools of Medicine, Dentistry, Nursing, Public Health, and Pharmacy. Subject: “Oxidative Medicine and Chelation Therapy – History and Current Use”

2004:

- North Carolina Integrative Medical Society – Spring Conference, Winston-Salem
- “Mercury Toxicity and Chelation Therapy”
- UNC School of Medicine – Guest Lecturer for the course “Principals and Practice of Integrative Medicine”, an elective for students from the schools of Medicine, Dentistry, Nursing, Public Health, and Pharmacy. Subject: “Mercury Metal Toxicity and Chelation” – November

2003:

- UNC School of Medicine – Program on Integrative Medicine Monthly Seminar
- “Mercury Toxicity and Chelation” - May
- UNC School of Medicine – Program on Integrative Medicine Monthly Seminar
- “Cellular Based Medicine” - September

2001:

- American College for Advancement of Medicine – Spring Conference –
- “Chelation Therapy for Heavy Metal Toxicity – Nashville, TN - May
UNC School of Medicine – Guest Lecturer for the course “Principals and Practice of Integrative Medicine”, an elective for students from the schools of Medicine, Dentistry, Nursing, Public Health, and Pharmacy. Subject: “Mercury Metal Toxicity and Chelation” – September

2000:

- UNC School of Medicine – Guest Lecturer for the course “Principals and Practice of Integrative Medicine”, an elective for students from the schools of Medicine, Dentistry, Nursing, Public Health, and Pharmacy. Subject: “Mercury Metal Toxicity and Chelation” – September

1999:

- North Carolina Associate of Health Plans, State Conference, Greensboro –

- "Integrative Medicine – The Best of Both Worlds" – September
- UNC School of Medicine – Guest Lecturer for the course "Principals and Practice of Integrative Medicine", an elective for students from the schools of Medicine, Dentistry, Nursing, Public Health, and Pharmacy. Subject: "Mercury Metal Toxicity and Chelation" – October

1998:

- UNC School of Medicine – Guest Lecturer for the course "Principals and Practice of Integrative Medicine", an elective for students from the schools of Medicine, Dentistry, Nursing, Public Health, and Pharmacy. Subject: "General Concepts of Integrative Medicine – Working at the Cellular Level" – October

1997:

- UNC School of Medicine – Guest Lecturer for the course "Principals and Practice of Integrative Medicine", an elective for students from the schools of Medicine, Dentistry, Nursing, Public Health, and Pharmacy. Subject: "Oxidative Medicine and Chelation Therapy" – October

Awards:

- 2009: Triangle Business Journal's Health Care Heroes Award for 2009
- 2008: Triangle Business Leader – Triangle Impact Health Care Leader for 2008

Offices:

- 2009-11: President, NC Integrative Medical Society

Certifications:

- American Board of Clinical Metal Toxicology – Diplomate
- American Board of Oxidative Medicine – Interim Diplomate

Memberships:

- North Carolina Integrative Medical Society
- American College for the Advancement of Medicine
- International College of Integrative Medicine
- The Autism Research Institute

ALEXANDER T. AUGOUSTIDES, MD, FAAFP, ABIHM

Piedmont Integrative Medicine, PA
 1411 Plaza West Road, Suite B
 Winston Salem, NC 27103
 336-760-0240

EDUCATION

University of Cape Town Medical School, Cape Town, South Africa 1985

Rotating Internship, Edendale Hospital, Pietermaritzberg, South Africa 1986

PGY-2 OBGYN, Edendale Hospital, Pietermaritzberg, South Africa 1987

Family Practice Residency, MUSOM, Huntington, WV 1988-1991; Chief Resident 1990-1

Rural Health Fellowship, ETSU, Johnson City, TN 1991-92

AWARDS

South African Medical Research Council Scholarship, presented to one medical student of outstanding academic ability 1980-85

Society of Teachers of Family Medicine Resident Teacher of the Year Award 1991

Elected Fellow of the AAFP 1997

LICENSURE/EXAMS

ECFMG – 1985, FLEX – 1988

ABFM– 1992 (Initial Cert) American Board of Family Medicine

ABIHM – 2002 (Initial Cert) American Board of Integrative Holistic Medicine

NC MEDICAL LICENSE – 1992

PROFESSIONAL

Lexington Family Medicine, PA 1993-98

Lexington Family Physicians, PA 1998 – 2004

Piedmont Integrative Medicine, PA 2004 – Present

PROFESSIONAL ACTIVITIES

Vice President, Davidson County Medical Society 1994-5

President, Davidson County Medical Society 1995-6

Vice President, Davidson Primary Care Network 1995-7

Chairperson, Dept. of Medicine, Lexington Memorial Hospital, Lexington NC 2002-2

Medical Staff Executive Committee, Lexington Memorial Hospital, 2000-2

Board Member, NCIMS 2010-12

PROFESSIONAL MEMBERSHIPS

American Academy of Family Physicians

NC Academy of Family Physicians

American College for the Advancement of Medicine

North Carolina Integrative Medical Society

WILLIAM C. RAWLS, JR., MD FACOG

3106 Arendell Street

Morehead City, NC 28557

(252) 808-2500

rawls@soundsidehealthcare.com

EDUCATION / TRAINING

UNDERGRADUATE:

Wofford College
Spartanburg, S.C. BA in Economics 1979

Wofford College
Spartanburg, S.C. BS in Chemistry 1981

GRADUATE:

Bowman Gray School of Medicine
Winston – Salem, N.C. - MD 1985

POST GRADUATE:

Bowman Gray School of Medicine
Winston – Salem, N.C. - Resident OB/GYN 1985-1988

Bowman Gray School of Medicine
Winston – Salem, N.C. - Chief Resident 1988-1989

LICENSURE / CERTIFICATION

Licensed in North Carolina since June 1987

Board Certified – American Board of OB/GYN since December 1991
**re-certified yearly

Board Certified—American Board of Holistic Medicine December 2003

AWARDS

Merit Award – OB/GYN Student 1985

Outstanding Resident in OB/GYN 1989

TEACHING

Adjunct Staff / Nurse Practitioner Training Program, ECU 1995 – 2000

ACCOMPLISHMENTS

Private practice, ob/gyn/primary care 1989-2005
Holistic primary care/Gyn with bioidentical HRT
since 1994

Assisted in operating a volunteer family planning clinic to serve underprivileged 1993-2000

Instrumental in creating a birthing center at Carteret General Hospital 1996

Founded Soundside Healthcare, a unique primary care
practice based on preventative
medicine 2005

Created First Do Harm Health Systems—patient information system for preventative medicine

Active community leader and lecturer in concepts of preventative/holistic health

Published *Health First!, An essential manual for protecting your most vital asset*

Created website to support practice services and provide supplements 2008-2010
Initiated First Do No Harm Provider Network 2010

R. ERNEST COHN MD, NMD, DC, FACO
P O Box 878, Moravian Falls, NC 28654
Voice (336) 667-6464 (Fax) 336-667-4488
E-Mail - NAAIRP@ AOL.COM

Dr. R. Ernest Cohn, received his Doctorate in Chiropractic (D.C.) and X-Ray proficiency in 1977 from the Palmer College of Chiropractic, his Medical Doctorate (M.D.) degree from UNIREMHOS School of Medicine in 1997 and his Naturopathic Medical Doctor (N.M.D.) degree from American University of Integrative Medicine in 2001. Additionally he has an A.S. and a B.S. degree in the Sciences.

While at Palmer and after graduation Dr. Cohn:

1. Vice President of the student body and president of the S.A.C.
2. Graduated Summa Cum Laude & was elected to membership in the International Chiropractic Honor Society for High Scholars.
3. Served in 1977 his Diagnostic Internship in the Department of Diagnosis.
4. Received Extensive postgraduate study in X-ray and Treatment in Spinal and Skeletal Disorders.
5. Received Graduate study in the limited fields of Applied Kinesiology, Osseocranial Manipulation and Extremity Manipulation.
6. Was a member of Geriatric Review Committee.

Additionally Dr. Cohn has completed the following certification programs:

1. Certified as an Examiner in Neurovascular diagnosis through the International Academy of Neurovascular Diagnosis in 1981.
2. Certified (Initial) in the Evaluation and Rating of Permanent Impairment of the Whole Person through the National College of Chiropractic in 1984.
3. Certified in Meridian Therapy and Acupuncture - National College of Chiropractic.
4. Certified in Industrial Injury Analysis and Prevention N.C. A. & T. University 1985.
5. Board Certification from the North American Academy of Impairment Rating Physicians -

Certified Impairment Rating instructor and examiner - 1992.

6. Certification and licensed by the State of N.C. Board of Massage and Body Work - 2000.

Dr. Cohn's memberships have included:

1. American Chiropractic Association
2. Diplomate of National Board of Chiropractic Examiners
3. American Chiropractic Association Council on Nutrition
4. American Chiropractic Council on Roentgenology
5. American Chiropractic Association Council on Orthopedics
6. American College of Chiropractic Orthopedics
7. N. American Academy of Impairment Rating Physicians
8. American Back Society
9. N.C. Council on Chiropractic Orthopedics
10. Southern Medical Association
11. American Academy of Chiropractic Physicians
12. North American Academy of Impairment Rating Physicians
13. American College for the Advancement of Medicine (ACAM)
14. North Carolina Integrative Medical Society
15. North Carolina Board of Chiropractic Examiners

Over the 30 years of clinical practice Dr. Cohn has attended numerous conventions, seminars and post-graduate courses on subjects within medicine and chiropractic. These include a medical training at Interfaith Hospitals in Brooklyn, NY in internal medicine. He served on the post-graduate medical teaching staff at UNIREMHOS - teaching Traumatology. He served as the associate director of postdoctoral education for American University of Integrative Medicine. He has held positions as President of the NAAIRP. He continues to travel to medically underserved countries where he lectures, applies his clinical skills in Medicine and Chiropractic.

Dr. Cohn received his Diplomate in Chiropractic Orthopedics in 1983 and is a Fellow of the American Academy of Chiropractic Orthopedics. He has taught post-graduate education since 1983 initially for the National College of Chiropractic. He continues to teach and has taught certification programs for Logan College of Chiropractic, Los Angeles College of Chiropractic, Northwestern College of Chiropractic, Palmer College of Chiropractic, Cleveland College of Chiropractic, Western States College as well as others. He has taught hundreds of seminars to over 10,000 doctors extensively throughout the U.S., Canada, Australia and the Caribbean in addition to many state and national conventions. Dr. Cohn maintains a busy international lecture schedule and presently lectures in excess of 20 times per year.

Dr. Cohn has authored materials for a number of entire post-graduate courses. These include books and manuals on "Examination of the Lumbar Spine, and Pelvis" (1986), "Cervical spine and Cervicobrachial Examination" (1988), "Permanent Impairment Rating of the Whole Person" (1985 & 9), "Physical and Laboratory Diagnosis for Orthopedics" (1988), "86 Orthopedic Tests" (1986 & 9), "Objective Testing of Pain" (1988), "A Correlative Review of Examination for Independent Medical Examiners" (1992) and "Impairment Rating, Examination and Disability Evaluation" (1993 & 96). Additionally he has authored major papers on nutrition, orthopedics and hospital protocol in

major Chiropractic Journals. In 1995 he published an extensive "Review of the American Medical Associations Guide to the Evaluation of Permanent Impairment" that was published by the American Chiropractic Association Council on Chiropractic Orthopedics.

Dr. Cohn's most recent book on Impairment Rating and Disability Evaluation was published in May of 2001 (Revised April 2008) and he uses the text in teach the board certification programs for the NAAIRP. Dr. Cohn is a Founding Fellow of the American Back Society, an international interdisciplinary professional society that researches and presents symposiums on the spine. He has been a member of its committee on Imaging. He is a Founding Fellow of the North American Academy of Impairment Rating Physicians and is presently serving as its' Secretary - Treasurer.

Dr. Cohn has served as the president of the North Carolina Council on Chiropractic Orthopedics. He has served as the chairman of the N.C. Chiropractic Associations hospital protocol and health planning committees. He has chaired the committees of public relations, physical therapy, orthopedics, health planning and education. He was a member of the N.C. Department of Correction Substance Abuse Committee as Lt. Governor Jim Gardner's appointee.

Dr. Cohn served on the board of directors of Preferred Care of America, an HMO co-operative. He is the principle physician in charge of Carolina Chiropractic Orthopedic Consultants and the Holistic Medical Clinic of the Carolinas with his practice being in Wilkesboro, N.C. He reviews claims and does examinations and case reviews for many carriers, law firms and physicians throughout the United States and Canada. Presently he serves on the board of the North Carolina Integrative Medical Society and is a board member of the North Carolina Board of Chiropractic Examiners. His practice is limited to musculoskeletal medicine, conservative orthopedics, integrative medicine and independent medical examinations. Additional biographical information is available upon request.